

Presented by Val Guin, Inc & the Institute of Psycho-Structural Balancing

# Val Guin's Forearm Dance™

1-Day, Fun-Day Introductory 8-hr Course

Sunday, April 15<sup>th</sup>, 2007

Save your hands! Save your body!

This **Practitioner Friendly Massage Technique** enables you to give your clients a relaxing & fluid, full-body massage while also safely accessing deeper layers of tissue, providing the sensation and relief your clients want using **ONLY** your **Forearm & Olecranon**

In this course you will learn the fundamental concepts of Val Guin's Forearm Dance™

- ◆ Use **ONLY** your Forearm to give a fluid, full-body massage
- ◆ Sustain your strength, energy and vitality during your workday
- ◆ Val Guin will share her "Efficient Body Mechanics" necessities to successfully maintaining her full-time private practice for over 26 years
- ◆ The knowledge to create your own choreography of a Forearm Dance massage
- ◆ Concepts of "Maximum Efficiency with Minimum Effort"...*and more!*

**Continuing Education & Transcript Hours**

from the **Institute of Psycho-Structural Balancing, (IPSB)**

*"Enjoy the dance..."*

**Cost: 120 - CALL IPSB: 310-342-7130**

**TO ENROLL IN THIS CLASS WHILE SPACE IS STILL AVAILABLE!!**

**\*\*CLASS WILL BE HELD AT:**

**Santa Monica Center of Healing Arts**

**1247 - 7<sup>th</sup> Street Suite 300 - Santa Monica, CA 90401**

- 150 hour Massage Technician Training (or equivalent) required to take this course.
- Please bring a table, a set of sheets and massage lubricant, unscented only.
- PLEASE CHECK-IN by no later than **8:45 a.m.** Class will end at **6:15 p.m.**

\*\*Check out Val Guin's Forearm Dance™ DVD trailer at: [www.ohanaproductionsinc.com](http://www.ohanaproductionsinc.com)